Neue. 1631.

A new Almanacke and Pro-
nostication, with the Forraigne
Computation, seruing for the
yeere of our Lord and Sauiour
Iesus Christ, 1631.
Being the third after the Bissex-
tile or leape yeere.
Rectified for the Elevation of
the Pole Artick, and Me-
ridian of the ancient and
famous Cittie of
Norwich:
And may serue generally for
the most parts of great
Britaine.

by *John Neue*, Gent.

LONDON,
Printed for the Company of
Stationers.

The Contents of this double Kalender, for this yeere of our Lord God 1631. which is the 3. yeere after the Bissextile or Leape yeere, according to the account & Computation of the Church of England.

The Prime or Golden number		1
The Circle of the Sunne		1
The Epact		*
The Dominicall letter		B
The Roman Indiction		14

The space betweene Christmas, and Shroue-sunday is 8. weekes and 1. day.

Shrouesunday	February,	20
Easter day	Aprill,	10
Ascension day	May,	19
Whitsunday	May,	29
Aduentsunday	Nouember,	27

Betweene Trinity and Aduent are Sundayes 24
Betweene Easter & Ascension, are 5. weekes & 3 dayes.
Betweene Whitsunday & Midsummer, is 3. weekes and 4. dayes.
Betweene Midsummer and Barthol. is 8. weekes.
Betweene Barthol. & All saints, is 9. weeks & 3. dayes.

The Forraine Computation.

The Prime or Golden number.		17
The Circle of the Sunne		16
The Epact		27
The Dominicall letter		C
The Romane Indiction		1.
Shrouesunday	March,	1
Easter day	Aprill,	20
Ascension day	May,	29
Whitsunday	Iune,	8
Aduentsunday	Nouember,	30

The space betweene Christmas and Shrouesunday is 9. weekes and 4. dayes.

A briefe and necessarie Computation of yeeres.

From the Creation of the world vntill this present yeare of our Lord God. 1631.	5601
From the Creation vntill the Floud,	1656
From Moses to Christ,	1514
Since the promised seede of Abraham	3581
Since the Israelites departed out of Egypt,	3147
Since the destruction of Troy,	2813
Since Brute entred this Iland,	2738
Since the building of the Temple of Salomon,	2667
Since the building of the Citie of Rome,	2382
Since Nabuchadnozer the King.	2379
Since Alexander the Great dyed,	1955
Since Iulius Cesar was slaine with bodkins,	1680
Since the happie Birth of our Sauiour Christ,	1631
Since Ierusalem was destroyed by Titus Vespasian.	1558
Since England receiued the Christian Faith,	1451
Since the Danes entred England,	613
Since the Conquest of England by the Normans,	564
Since the Science of Printing was inuented,	171
Since King Henry the VIII. wonne Bolleigne,	87
Since Kettes Rebellion at Norwich.	82
Since the infectious sweating sickenes,	74
Since St. Pauls steeple fired by lightning,	70
Since the great Plague at Newhauen,	68
Since the Earles Rebellion in the North,	62
Since the blazing starre and frosty Winter,	59
Since the firie apparition in the heauens,	57
Since the deepe snow,	51
Since the generall earth-quake in England,	50
Since the last earth-quake in England,	29
Our Kings Maiesties Raigne, whome the King of heauen graunt long and prosperously to Raigne ouer vs, Amen.	7

The Anatomy of Mans body, as the parts thereof are gouerned by the 12. celestiall Signes.

♈ Aries, Head and face.

♉ Taurus. Necke and throat.

♋ Cancer, Brest & Stomack & ribs.

♍ Virgo. Bowels and belly.

♏ Scorpio Secret mēbers.

♑ Capricor. The knees.

♊ Gemini, Armes and shoulders.

♌ Leo, Heart and backe.

♎ Libra. Reines and loynes.

♐ Sagitar. the Thighs.

♒ Aquar. The Legs.

♓ Pisces, The Feete.

The Characters of the Signes, Planets, and Aspects.

♈ Aries, ♉ Taurus, ♊ Gemini, ♋ Cancer, ♌ Leo, ♍ Virgo, ♎ Libra, ♏ Scorpio, ♐ Sagitarius, ♑ Capricornus, ♒ Aquarius, ♓ Pisces. ♄ Saturne, ♃ Iupiter, ♂ Mars, ☉ Sol, ♀ Venus, ☿ Mercury, ☽ Luna. ☌ Coniunction, ✶ Sextile. □ Quadrate, △ Trine, ☍ Opposition. ☊ Dragons head, ☋ Dragons tayle.

Now if your body in health will keepe,
Warme meats for it is very meete:
Fly Phyſicke, Sleth, and Venery:
Auoid all baths moſt carefully.

1	a	Circumcis.	Taur.	1	11	d	
2	b	Oct. Step.	Taur.	13	12	e	
3	c	Octa. Joh.	Taur.	26	13	f	● Full moone
4	d	Oct. Innoc.	Gemin	9	14	g	the 8. day 56.
5	e	Edward de.	Gemin	22	15	a	min. after 4. of
6	f	Twelfe da.	Cancer	4	16	b	the clocke in the
7	g	Felix & Ia.	Cancer	18	17	c	morning.
8	a	Lucian prie	Leo	1	18	d	
9	b	1. Su. aft. epi.	Leo	15	19	e	
10	c	Paul. Herm	Leo	29	20	f	☾ Laſt quarter
11	d	Poſin Aquar	Virgo	14	21	g	the 14. day, 30.
12	e	Arthad. ma	Virgo	28	22	a	min. after 11. of
13	f	Hillarie bi.	Libra	13	23	b	the clocke at
14	g	Med com in	Libra	27	24	c	night.
15	a	Maurice	Scorp	12	25	d	
16	b	2. Su. af. epi.	Scorp	26	26	e	
17	c	Anthony	Sagit.	10	27	f	
18	d	Priſca	Sagit.	13	28	g	● New moone
19	e	Malchan	Capric.	7	29	a	the 22. day, 35.
20	f	Fabian	Capric	19	30	b	min. after 6. of
21	g	Agnes virg.	Aquar.	2	31	c	the clocke in the
22	a	Vincent ma	Aquar.	15	1	d	morning.
23	b	3. Su af. epi.	Aquar.	27	2	e	February.
24	c	Terme beg	Piſces	9	3	f	Purif. of Mary
25	d	Cō. of S. P.	Piſces	21	4	g	
26	e	Policarpe	Aries	3	5	a	
27	f	Chriſoſtom	Aries	15	6	b	☽ Firſt quarter
28	g	Theodore	Aries	27	7	c	the 30. day, 47
29	a	Valerius	Taurus	9	8	d	min. after 9. of
30	b	Batilda qu.	Taur.	21	9	e	the clocke in the
31	c	Victor & S.	Gemini	4	10	f	morning.

This moneth as yet no Phisicke vse,
For feare that you your selfe abuse:
Bleed not, nor bathe, be rulde by me,
Except vpon necessitie.

1	d	Brigget fa.	Gemini	16	11	g	
2	e	Purif. of M.	Gemini	29	12	a	● Full moone
3	f	Blase bish.	Cancer	13	13	b	the 6. day, 54.
4	g	Gilbert con.	Cancer	26	14	c	min. after 4. of
5	a	Agatha virg	Leo	10	15	d	the clocke in the
6	b	Septuagessi.	Leo	24	16	e	afternoone.
7	c	Wedgoe out	Virgo	9	17	f	Wed. goe out.
8	d	Paul bishop	Virgo	23	18	g	
9	e	Sol in Pisces	Libra	8	19	a	(Last quarter
10	f	Schol. virg.	Libra	23	20	b	the 13. day, 41.
11	g	Cuthragia	Scorp.	6	21	c	min. after 8. of
12	a	Termiends	Scorp.	22	22	d	the clocke in the
13	b	Wolstan	Sagit.	6	23	e	morning.
14	c	Valentine	Sagit.	20	24	f	
15	d	Faustine	Capric.	4	25	g	● New moone
16	e	Julian vir.	Capric	17	26	a	the 20. day, 19
17	f	Solicron b.	Capri.	29	27	b	min. after 11. of
18	g	Simeon	Aquar	12	28	c	the clo. at night.
19	a	Hugh bisho.	Aquar	24	1	d	March.
20	b	Conuersion	Pisces	6	2	e	
21	c	70. martyrs	Pisces	18	3	f	
22	d	Eath S. Pe	Aries	9	4	g	
23	e	Policar. fa	Aries	11	5	a	
24	f	Mathias A	Aries	23	6	b	
25	g	Inue. Paul	Taurus	5	7	c	
26	a	Nestor	Tauru	17	8	d	
27	b	1. su. in lent	Tauru	29	9	e	
28	c	Oswald ar.	Gemini	11	10	f	

Now March begins the Springing time,
The Sunne hath got the equall line:
Vse Phisickes Art, and all thy skill,
To helpe diseases that be ill.

1	b	Dauid bish.	Gemin	24	11	g	☽ First quarter
2	c	Ember wee	Cancer	7	12	a	the 1. day, 54.
3	d	Maurice	Cancer	21	13	b	min. after 3. of
4	e	Dozian	Leo	4	14	c	the cloche in the
5	f	Eusebius	Leo	18	15	d	morning.
6	g	2. su. in lent	Virgo	3	16	e	☉ Full moone
7	a	Perpetuus	Virgo	17	17	f	the 8. day, 38.
8	b	Felix mart.	Libra	2	18	g	min. after 2. of
9	c	40. martyrs	Libra	17	19	a	the cloche in the
10	d	Agapite bis	Scorp.	2	20	b	morning.
11	e	Sol in Aries.	Scorp.	17	21	c	☾ Last quarter
12	f	Gregory bi.	Sagit	2	22	d	the 14. day, 7. of
13	g	3. sun. in lent	Sagit	16	23	e	the cloche in the
14	a	Candide	Capric	0	24	f	afternoone.
15	b	Longine ma	Capric	13	25	g	Annunc. of Ma.
16	c	Boniface	Capric	26	26	a	
17	d	Gertrude v.	Aquar.	9	27	b	● New moone
18	e	Edward k.	Aquar.	21	28	c	the 22. day, 22.
19	f	Ios. & Ma.	Pisces	3	29	d	min. after 4. of
20	g	Cuthbert	Pisces	15	30	e	the cloche in the
21	a	Benedict	Pisces	27	31	f	afternoone.
22	b	Paul bishop	Aries	9	1	g	April.
23	c	Theodore p	Aries	20	2	a	
24	d	Agapite	Taur	12	3	b	☽ First quarter
25	e	Annunc. of Ma	Taur	14	4	c	the 30. day, 6. of
26	f	Castor mar.	Taur	26	5	d	the cloche in the
27	g	Init. Rec. Car.	Gemini	8	6	e	afternoone.
28	a	Dorothy v.	Gemini	20	7	f	
29	b	Quintine	Cancer	3	8	g	
30	c	Quirine	Cancer	15	9	a	
31	d	Aveine	Cancer	29	10	b	

This Aprill with his stormy showres,
Doth make the earth yeeld pleasant flowres:
Purge well therefore: for it is good,
To holpe thy body, and cleanse thy blood.

1	g	Gildard	Leo	12	11	c	
2	a	Mary Egt.	Leo	27	12	d	
3	b	Palme sun.	Virgo	11	13	e	● Full moone
4	c	Ambrose	Virgo	26	14	f	the 6. day, 4.
5	d	Martian	Libra	1	15	g	min. after 11. of
6	e	Sixtus	Libra	2.	16	a	the clocke in the
7	f	Egisippus	Scorp.	11	17	b	forenoone.
8	g	Dionisius	Scorp.	26	18	c	
9	a	Perpetuus	Sagit.	10	19	d	
10	b	Easter day.	Sagit.	24	20	e	Easter Day.
11	c	Sol in Taurus	Capric	8	21	f	
12	d	Oswald ar.	Capric	22	22	g	☾ Last quarter
13	e	Marcis	Aquar	5	23	a	the 13. day, 48.
14	f	Olyffe	Aquar	18	24	b	min. after 6. of
15	g	Leonard	Pisces	0	25	c	the clocke in the
16	a	Isidore bish	Pisces	12	26	d	morning.
17	b	l.su. aft. ea.	Pisces	24	27	e	
18	c	Wed com in	Aries	6	28	f	● New moone
19	d	Alphage bi.	Aries	18	29	g	the 21. day, at
20	e	Victor bish.	Taurus	0	30	a	noone.
21	f	Simeon	Taurus	11	1	b	May.
22	g	Dother bir.	Taurus	22	2	c	
23	a	St. George	Gemini	5	3	d	
24	b	2 sun. af. ea.	Gemini	16	4	e	☽ First quarter
25	c	Marke euā.	Gemini	29	5	f	the 29. day, at
26	d	Clere bishop	Cancer	12	6	g	. of the clocke
27	e	Terme beg.	Cancer	25	7	a	in the morning.
28	f	Vitalis	Leo	8	8	b	
29	g	Peter of mi	Leo	21	9	c	
30	a	Oswenwald	Virgo	5	10	d	

May hath xxxi. dayes.

Now gallant May in his array,
Doth make the fields pleasant and gay:
Walke early now for thy healths sake,
And still thou maist some Phisicke take.

1	B	Phil & Jac.	Virgo	20	11	E	
2	c	Athanasius	Libra	5	12	f	● Full moone
3	d	Inuē. of cro.	Libra	19	3	g	the 5. day, 6.
4	e	Florian	Scorp	4	4	a	min. after 7. of
5	f	Goddard	Scorp	19	15	b	the clocke at
6	g	Iohn port. La	Sagit	4	16	c	night.
7	a	Ap. S. Mi.	Sagit	15	17	d	
8	B	4. su. af east.	Capri.	3	18	E	☾ Last quarter
9	c	Gordian	Capri.	16	19	f	the 12. day, 26.
10	d	Theophilus	Aquar.	0	20	g	min. after 8. of
11	e	Anthony	Aquar	13	21	a	the clocke at
12	f	Sol in Gemi.	Aquar.	26	22	b	night.
13	g	Boniface	Pisces	8	23	c	
14	a	Ubaldus	Pisces	21	24	d	● New moone
15	B	Rogatio su	Aries	3	25	E	the 21. day, 42.
16	c	Wed goe out	Aries	15	26	f	min. before one
17	d	Tran. of B.	Aries	27	27	g	of the clocke in
18	e	Aquila	Taur	9	28	a	the afternoone.
19	f	Ascens. day	Taur	20	29	b	Ascension day.
20	g	Helen queen	Gemini	2	30	c	
21	a	Julian vir.	Gemini	14	31	d	
22	B	Desiderius	Gemini	26	1	E	Iune.
23	c	Terme end.	Cancer	9	2	f	
24	d	Adelme bish	Cancer	21	3	g	☽ First quarter
25	e	Augu. of en.	Leo	4	4	a	the 28. day 40.
26	f	S. Bede	Leo	18	5	b	min. before high=
27	g	German bi.	Virgo	1	6	c	noone.
28	a	Mar. bish.	Virgo	15	7	d	
29	B	Whitsunda	Libra	0	8	E	Whitsunday.
30	c	Felix	Libra	14	9	f	
31	d	Petronil	Libra	29	10	g	

Iune hath xxx. dayes.

This moneth of Iune vse clarified whay,
Boyld with coole hearbs, drinke alway:
From violent exercise uow abstaine,
Except thou wilt in trouble remaine.

1	e	Ember wee	Scorp	14	11	a
2	f	Marcellus	Scorp	28	12	b
3	g	Erasmus	Sagit	13	13	c
4	a	Petrecius	Sagit	27	14	d
5	B	Trinity in	Cap.	11	15	E
6	c	Med com in	Capri	25	16	f
7	d	Wil. arch.	Aquari	8	17	g
8	e	Trans. of E	Aquari	21	18	a
9	f	Iuan. confes	Pisces	4	19	b
10	g	Terme Reg.	Pisces	16	20	c
11	a	Barnaby	Pisces	29	21	d
12	B	Sol in Cancer	Aries	11	22	E
13	c	Antho. conf.	Aries	23	23	f
14	d	Trans. of R	Taurus	5	24	g
15	e	Vite modest	Tauru	17	25	a
16	f	Basill bish.	Tauru	29	26	b
17	g	Botulph co.	Gemin	11	27	c
18	a	Mary & M.	Gemin	23	28	d
19	B	Nat. Reg lac.	Cancer	6	29	E
20	c	Silnester	Cancer	18	30	f
21	d	Walburg	Leo	1	1	g
22	e	Alban	Leo	14	2	a
23	f	Etheldr. fa.	Leo	28	3	b
24	g	John Bap.	Virgo	12	4	c
25	a	Tra. of El.	Virgo	26	5	d
26	B	Joh. & Paul	Libra	10	6	E
27	c	Crescen. ma	Libra	25	7	f
28	d	Leo bi.	Scorp	9	8	g
29	e	Peter Apost	Scorp	24	9	a
30	f	Termeends	Sagitar	8	10	b

● Full moone the 4. day, about 3. of the clocke in the morning.

☾ Last quarter the 11. day, 30. min. before high=noone.

John Baptist.

● New moone the 19. day, 36. min. after one of the clocke in the afternoone.

July.

☽ First quarter the 26. day, 34. min. after 4. of the clocke at night.

Now in Iuly Dog dayes begin,
The Riuers are best to bathe in:
To take hot drinkes be not too bold.
But vse hearbes which be moist and cold.

1	g	Oct. of Joh.	Sagi	22	11	c	
2	a	Visit. of M.	Capric	6	12	d	
3	b	4. sun. af. trt.	Capric	20	13	e	● Full moone
4	c	Tra. of Ma	Aquar	3	14	f	the 3. day, 15.
5	d	Foe virgin	Aquar.	16	15	g	min. after high
6	e	Oct. St. P.	Aquar.	29	16	a	noone.
7	f	Martialis	Pisces	11	17	b	
8	g	Chillian	Pisces	24	18	c	
9	a	Cirill bish	Aries	6	19	d	(Last quarter
10	b	5. sun. af. trt.	Aries	18	20	e	the 11. day, 31.
11	c	Tran. of Be	Taurus	0	21	f	min. after 5. of
12	d	nolin -co.	Taurus	13	22	g	the cloche in the
13	e	Christopher	Taurus	25	23	a	morning.
14	f	Tra. of Su.	Gemini	7	24	b	
15	g	Eustace	Gemini	19	25	c	James Apost.
16	a	6. sun. af. trt.	Cancer	2	26	d	
17	b	Arnulph.	Cancer	15	27	e	● New moone
18	c	Margret vi.	Cancer	28	28	f	the 19. day, 6.
19	d	Mogda. virg	Leo	11	29	g	min. before one of
20	e	Praxe virg	Leo	24	30	a	the cloche in the
21	f	Mary Ma.	Virgo	8	31	b	morning.
22	g	Appolinari.	Virgo	22	1	c	Augu.
23	a	7. sun. af. trt.	Libra	6	2	d	
24	b	fast.	Libra	21	3	e	) First quarter
25	c	James Apo	Scorp	5	4	f	the 25. day, 34.
26	d	An. mo. Ma.	Scorp	19	5	g	min. after 9. of
27	e	Carolus	Sagit	4	6	a	the cloche at
28	f	Sampson	Sagit	18	7	b	night.
29	g	Martha	Capri	2	8	c	
30	a	Abdon	Capri	16	9	d	
31	b	8. sun. af. trt.	Capri	29	10	e	

August hath xxxi. dayes.

This moneth of August take good heed:
For now will many surfets breed:
Let little sleepe thee now content,
If that diseases thou'lt preuent.

1	c	Lammas d	Aquar.	12	11	f	● Full moone
2	d	Steuen bish	Aquar.	25	12	g	the first day, 2.
3	e	Iustin	Pisces	7	13	a	min. after 11. of
4	f	Inuen. Ste	Pisces	20	14	b	the clocke at
5	g	Gowries cō	Aries	2	15	c	night.
6	a	Transfigu	Aries	14	16	d	
7	B	Ciriac. & his	Aries	26	17	E	
8	c	Feast of Ie	Taur	8	18	f	☾ Last quarter
9	d	Tiburt. ma.	Taur.	20	19	g	the 9. day, 3. mi.
10	e	S. Laurence	Gemini	2	20	a	after 10. of the
11	f	Roman ma.	Gemini	15	21	b	clocke at night.
12	g	Clare virg.	Gemini	27	22	c	
13	a	Hipolitus	Cancer	10	23	d	
14	B	Sol in Virgo	Cancer	23	24	E	Barthol. Apost.
15	c	Ass. of Ma.	Leo	6	25	f	
16	d	Roch mart.	Leo	20	26	g	● New moone
17	e	Oxa. Lau.	Virgo	3	27	a	the 17. day, 35.
18	f	Agapite vir	Virgo	18	28	b	min. after 10. of
19	g	Magnus m.	Libra	2	29	c	the clocke in the
20	a	Lewis bisho	Libra	16	30	d	forenoone.
21	B	11. su. af. tri.	Scorp	1	31	E	
22	c	Timoth.	Scorp	16	1	f	September.
23	d	Zouch fast.	Sagit	0	2	g	
24	e	Barth. Apo	Sagit	15	3	a	☽ First quarter
26	f	Lewes King	Sagit	29	4	b	the 24. day, 30.
27	g	Hog da. end	Capric	13	5	c	min. after 3. of
27	a	Rufinmart	Cap.	26	6	d	clocke in the
28	B	12. su. af. tri.	Aquar.	9	7	E	morning.
29	c	Decol of Ie	Aquar	22	8	f	● Full moone
30	d	Felix & Aud	Pisces	4	9	g	the 31. day, 3. mi.
31	e	Cutbur. vir	Pisces	16	10	a	after highnoone.

Now maist thou Phisicke safely take,
And bleed and bathe for thy healths sake:
Eate Figges and Grapes, and spicery,
For to refresh thy members dry.

1	f	Giles abbot	♓	28	11	b	☾	Last quarter
2	g	Inthony m.	♈	10	12	c		the 8. day 58. mi.
3	a	Gregory	♈	22	13	d		after 4. of the
4	♋	13. su. aft. tri.	♉	4	14	e	☿	clocke in the af=
5	c	Bertine	♉	16	15	f		ternoone.
6	d	Zacharia	♉	28	16	g	●	New moone
7	e	Ma. M. Eli	♊	10	17	a		15. day 46. min.
8	f	Nat. of Ma	♊	22	18	b		after 7. of the clo.
9	g	Gorgon. ma	♋	5	19	c		at night.
10	a	Stiutus bi.	♋	18	20	d		
11	♍	14. su. aft. tr	♌	1	21	e	☿	Mathew Apo.
12	c	Martian	♌	14	22	f		
13	d	Amaritia	♌	28	23	g		
14	e	☉ in Libra	♍	12	24	a	☽	First quarter
15	f	Oct. of Ma.	♍	26	25	b		the 22. day 30.
16	g	Edith virg.	♎	11	26	c		min. after 11. of
17	a	Lambert	♎	26	27	d		the clocke in the
18	♎	15. su. aft. tr.	♏	11	28	e	☿	forenoone.
19	c	Janu. mart.	♏	26	29	f		
20	d	Emb. we. fa	♐	10	30	g		
21	e	Matheu	♐	25	1	a		October.
22	f		♑	9	2	b		
23	g	Tecla virg.	♑	23	3	c		
24	a	German bi.	♒	6	4	d	●	Full moone
25	♎	16. su. aft. tr	♒	19	5	e	☿	the 30. day 18.
26	c	Cipri. & Ju.	♓	1	6	f		min. after 4. of
27	d	Cosme & D.	♓	14	7	g		the clocke in the
28	e	Exuper	♓	26	8	a		morning.
29	f	Wicha. Ar.	♈	8	9	b		
30	g	Hierome pri	♈	19	10	c		

This moneth hot drinkes and meates be good,
To keepe thy health and nouriſh thy blood:
Prouide warme cloathes and gee dry,
Thou ſhalt eſcape much danger thereby.

1	a	Remigius	Taurus	1	11	d	
2	b	17.ſu.aft.trī	Taur	13	12	e	☾ Laſt quarter the 8. day, 4. min. after 9. of the clocke in the morning.
3	c	Candide m.	Taur	24	13	f	
4	d	Francis	Gemini	6	14	g	
5	e	Apolina.bi.	Gemini	18	15	a	
6	f	Faith virg.	Cancer	c	16	b	
7	g	Marc.e ma	Cancer	13	17	c	
8	a	Pelagie vir	Cancer	26	18	d	
9	b	18.ſu.aft.tr	Leo	9	19	e	Luke Euang.
10	c	Terme beg.	Leo	22	20	f	
11	d	Gregory	Virgo	6	21	g	● New moone the 15. day, 16. min. after 5. of the clocke in the morning.
12	e	Wilfrid bir	Virgo	20	22	a	
13	f	Tranſ.of E	Libra	15	23	b	
14	g	Sol in Scor.	Libra	20	24	c	
15	a	Wolfron	Scorp	5	25	d	
16	b	19.ſun.af.tr	Scorp	20	26	e	
17	c	Tra.of Ech	Sagit	5	27	f	
18	d	Luke Euan.	Sagit	19	28	g	☽ Firſt quarter the 21. day 25. min. after 10. of the cloc. at night.
19	e	Frodeſwick	Capri.	4	29	a	
20	f	Auſtrebert	Capri.	18	30	b	
21	g	11.mar.vir.	Aquar	2	31	c	
22	a	Theodore	Aquari	15	1	d	Nouember.
23	b	20.ſu.aft.trī	Aquari	28	2	e	
24	c	Tra.of Joh	Piſces	1	3	f	● Full moone the 29. day, 46. min. after 10. of the clocke at night.
25	d	Chriſ. & Cr	Piſces	23	4	g	
26	e	Fal at the Bl.	Aries	5	5	a	
27	f	Flozen fits.	Aries	17	6	b	
28	g	Simō & Ju	Aries	29	7	c	
29	a	Narciſſus	Taur	10	8	d	
30	b	21.ſu.aft.tr.	Taur	22	9	e	
31	c	Quintis	Gemin	4	10	f	

Now maist thou drinke sweet wines freely,
And vse good mirth and Company:
Abstaine from wrath and all enuy,
And vse thy brethren charitably.

1	d	All Saints	Gemini	15	11	g	
2	e	All soules	Gemin	27	12	a	☾ last quarter the 6. day, 9. mi. after 10. of the cloche at night.
3	f	Winifride	Cancer	9	13	b	
4	g	Amatus bi.	Cancer	22	14	c	
5	a	Papius con	Leo	4	15	d	
6	b	22 su. aft. tri	Leo	17	16	e	
7	c	Willfrid arc.	Virgo	1	17	f	
8	d	4. crowned	Virgo	15	18	g	● New moone the 13. day, 12. minutes after 3. of the cloche in the afternoone.
9	e	Theodore	Virgo	29	19	a	
10	f	Bennet	Libra	13	20	b	
11	g	Martin bi.	Libra	28	21	c	
12	a	Brice bish.	Scorp	13	22	d	
13	b	Solin Sagit.	Scorp	28	23	e	
14	c	Trā. of erb.	Sagit	13	24	f	☽ First quarter the 20. day, 6. minut. after one of the cloche afternoone.
15	d	Macute bi.	Sagit	28	25	g	
16	e	S. Hugh	Capric	12	26	a	
17	f	Oct. Mart.	Capric	26	27	b	
18	g	Edmund bi.	Aquari	10	28	c	
19	a	Elizabe. ma	Aquari	23	29	d	
20	b	24. su. aft. trr	Pisces	6	30	e	Iudæw Apost.
21	c	Presc of M	Pisces	19	1	f	December.
22	d	Cicily virg.	Aries	2	2	g	
23	e	Clement bi.	Aries	14	3	a	
24	f	Grisogonm.	Aries	26	4	b	○ Full moone the 28. day, 2. min. after 6. of the clo. at night.
25	g	Katherin v.	Taur.	8	5	c	
26	a	Linus bish.	Taur	19	6	d	
27	b	Aduentiunt.	Gemini	1	7	e	
28	c	Terme ends	Gemini	13	8	f	
29	d	Saturne fa	Gemini	25	9	g	
30	e	Iudæw Ap	Cancer	7	10	a	

This moneth, as I doe now remember,
The twenty fiue of this December,
Our Sauiour Christ was borne that day,
That we might praise his name alway.

1	f	Eleg[illegible]bi.	Cancer	19	11	b	☾ Last quarter
2	g	Aiba[illegible]n.	Leo	1	12	c	the 6. day, 4 mi.
3	a	Dep. of Dſ.	Leo	14	13	d	after 10. of the
4	B	2. ſn. in adu	Leo	27	14	e	clo. in the forе-
5	c	Saba abb.	Virgo	10	15	f	noone.
6	d	Nicholas	Virgo	24	16	g	
7	e	Ambroſe	Libra	8	17	a	● New moone
8	f	Cõc. of Ma.	Libra	23	18	b	the 13. day, 11.
9	g	Ciprian abb	Scorp	7	19	c	min. after 2. of
10	a	Malta	Scorp	22	20	d	the clocke in the
11	B	3. ſu. in adu.	Sagit.	7	21	e	morning.
12	c	Sol in Capri.	Sagit.	22	22	f	
13	d	Lucy virgin	Capric	6	23	g	
14	e	Ember wee	Capric	20	24	a	
15	f	Valerian	Aquar.	4	25	b	Christmas.
16	g	O ſapientia.	Aquar.	18	26	c	St. Stephen
17	a	Lazarus b.	Piſces	1	27	d	John Euang.
18	B	4. ſu. in adu.	Piſces	14	28	e	Innocents.
19	c	Veneria vir	Piſces	27	29	f	
20	d	Julian[illegible]aſt.	Aries	10	30	g	☽ Firſt quarter
21	e	Tho. Apoſt	Aries	22	31	a	the 20. day, 40.
22	f	30. martyrs	Taur.	4	1	b	Ianuary.
23	g	Victor virg	Taur.	16	2	c	min. after 7. of
24	a	Eſandy[illegible]aſt	Taurus	28	3	d	the clocke in the
25	B	Christmas	Gemini	7	4	e	morning.
26	c	St. Steph.	Gemin	22	5	f	
27	d	John Euan	Cancer	4	6	g	● Full moone
28	e	Innocents	Cancer	16	7	a	the 28. day, 10.
29	f		Cancer	28	8	b	min. after high-
30	g	David biſh	Leo	11	9	c	noone.
31	a	Silueſter a	Leo	24	10	d	

NEVE. 1631

A Prognostication seruing for the yeare of our Lord God and *Saviour Iesus Christ.* 1631.

VVherein you may obserue the grounds of the alteration and condition of the foure Quarters of the yeare; as also the disposition of the Ayer for each seuerall moneth; according to the inclination of the Celestiall bodies, with the Change of the Moone, and the time of the Eclipses, and other necessarie obseruations, *conuenient in such a worke to bee noted.*

Calculated, and especially referred to the Longitude and Eleuation of the Pole Article of the ancient and famous Citty of *Norwich*, and may serue for all ENGLAND.

¶ Collected and published by *John Neue, Gent.*

A necessarie rule to know the beginning and ending of euery Terme, with their returnes.

Hillarie Terme beginneth the 23. of Ianuary, and endeth the 12 of February, and hath foure Returnes.

Octabis Hillarij. } { Crastino Purif.
Quind Hillarij. } { Octabis Purificæ.

Easter Terme, beginneth 17. dayes after Easter, and endeth the Munday next after Ascention, hauing fiue Returnes.

Quind Paschæ. } Mense Paschæ { Quuinq; Paschæ.
Tres Paschæ. } { Crast. Ascen.

Trinity Terme, beginneth the Friday after Trinity Sunday, and endeth the wednesday fortnight following, and hath Fonre Returnes.

Crasti Trinitatis. } { Quind. Trinitatis.
Octabis Trinitatis. } { Tres Trinitatis.

Michaelmas Terme, beginneth the 9. of October, and endeth the 28. of Nouember, & hath eight Returnes.

Octabis Michael. } { Crast. Animarum. }
Quind Michael. } { Crast. Martinj. }
Tres Michael. } { Octabis Martinj. }
Mense Michael. } { Quind Martinj. }

Note that the Exchequer openeth eight dayes before any Terme begins, except Trinity Terme, in which it openeth but foure dayes before.

On these dayes following, the Iudges sit not at Westminster.

In { Hillary / Easter / Trinity. / Michael. } Terme on { Candlemas / Ascention / Midsomer. / Alholland } Day.

Certaine

Certaine profitable Rules, and briefe obseruations, concerning Husbandry.

The best time to sow all kind of Corne, is when the Moone goeth her course in Cancer.

The best time to plant and graft, when the Moone is in a fixed signe, especially in Taurus or Aquarius: and in the increase of the moone, which is betweene the change and full.

To set and sow all kind of seedes, the Moone being well seated in Aries, Taurus, Virgo, Libra, Capricornus, Aquarius, or Pisces.

Fell timber to build withall, when the Moone is towards the last quarter, shee being then in Aquarius or Pisces.

Crop trees & fell wood to burne, that the stocke may the better and sooner grow againe, when the Moone is in the first quarter.

Remoue and set yong trees, in the last quarter of the Moone, in Taurus or Capricornus, & that in the moneths of September, October, Nouember, and February.

The best time to geld Cattell, the moone being in Aries, Sagitarius, or Capricornus.

The best time to cut Vines, is in February or March, the Moone increasing, in Taurus, Virgo, or Libra.

The best time to sheare sheepe, is in the increase of the Moone, that is from the change to the full.

To cut hayre that it may the sooner grow againe, the Moone increasing in Taurus, Virgo, or Libra.

To make your land that the weeds may not grow thereby, is in the decreasing of the Moone, that is from the full to the change.

Of the Eclipses which shall happen this present yeare of our Lord God. 1631.

There will this yeare, bee presented vnto the view of the Inhabitants of the earth, Foure Eclipses

of the two great Luminaries or lights of Heauen, two of the Sun, and two of the Moone, but not any of them of the Sun shall visibly appeare in this our Horizon.

Of the first Eclipse of the Sunne.

VPon the 20. day of Aprill, according to the Julian or English yeere, but in the reformed yeare on the 30. of the same moneth: will sensibly and visibly appeare, a small Eclipse of the Sun vnto the people that inhabite about the innermost part of the land of Megellanica, which hath in longitude. 108. degrees, and in south Latitude 63. degrees. The poynts or degrees Eclipsed will be 4. and 30. minutes.

Of the Second Eclipse of the Moone.

THere shall visibly appeare a great and totall Eclipse of the Moone, on the 5. of May 46. minutes after 6. of the clocke at night, but in the reformed yeare on the 15. of the same moneth: This Eclipse will not so euidently appeare in England, as to people further Inhabiting towards the East, as Tartaria, and other Countries adioyning: The quantitie or degrees Eclipsed, is 22. and 2. minutes. This Lunarie obscuration from the beginning to the ending, will be 3. houres and 51. minutes.

Of the Third Eclipse

VPon the 15. day of October, betweene 6. and 7. of the clocke in the morning, but in the reformed yeare on the 25. of the same instant moneth, the bright Globe of the Sun shall be againe Eclipsed or darkened by the direct interposition of the body of the Moone betweene him and the earth, they being both at that very instant conioyned together in Scorpio.

This accidentall obscuration of the Suns will shew it selfe vnto those people that are more situated towards the East, in the great Empire of Tartaria, in Cathaia, Calacia, and the Belgian mountaines, in the degree

gree of Longitude of 164. and North Latitude 83. or there abouts. The totall durance of this Eclipse, will be one houre and 55. minutes.

Of the Fourth Eclipse.

There shall appeare another great & totall Eclipse of the Moone in our Horizon on the 29. day of October, 36. minutes after 10 of the clocke at night, there being at that instant placed in the second face of Taurus and diametralie opposite vnto the Sun, (neare Caput Draconis) in a signe of the earthly Triplicitie, naturally cold and drie, of complexion Melancholike, feminine, Meridionall, fixed, the house of Venus, and the exaltation of the Moone: The poynts or degrees Eclipsed, is 19. and 57. minutes. The whole duration of this obscuration shall continue from the beginning to the ending, foure houres and 3. minuts.

Briefe Rules, and necessarie obseruations, concerning Bleeding, Bathing, Purging, and Sweating, *according to the motions of the Moone.*

VVhen the weather is extreame hote or colde, it is not then conuenient, either to let blood or to purge, vnlesse some great necessitie doe require it: yet notwithstanding, if this bloodletting be for the Phrensie, the Apoplexie, for a continual head-ach proceeding of choller or blood, or any hot burning Ague, or other extreame paine, a man in such a case may not tarrie a chosen time, because the patient might miscarrie in the meane season. But in this foresaid case of extreamity, blood is not to be let in such a quantity as otherwise it would, if a chosen time might be expected.

The best time to let the Phlegmatick blood, is when the Moone is in Aries, or Sagitarius, the head & thighes excepted.

For the Melancholike the Moone being in Libra, or Aquarius, the buttockes and legges excepted.

For the Cholericke, the Moone being in Cancer, Scorpio, or Pisces, the breast and feete excepted.

For the Sanguine all be good which before is named.

In Spring time let blood at the right side.

In Harueſt time, let blood at the left side.

For Bathing.

BAthings, are commonly vſed rather for pleaſure then for profit, eſpecially where hot-houſes are ouermuch haunted, but I mind not to ſpeake of them in this place, other wiſe then to aduertiſe thoſe that tender their owne health, to be warie and circumſpect in reſorting vnto them without cauſe, and immediatly after or with ſuch perſons as be vncleane. Know that it is not good to bath the moone being in earthly ſignes, as in ♉. ♍. or ♑. the reaſon is becauſe they are of a cold and drie nature, and the nature of Cold is to reſtraine and bind, and ſo the moone being in theſe ſignes the poores of the body are cloſed and ſhut, ſo that there can be no reſolution of humours & ſuperfluities, which by bathing ought to be auoyded.

But in fiery ſignes, as when the moone is in ♈. ♌. or ♐. then it is good time for bathing, for then the body is apt to reſolution, for it is the nature of heat, to open and reſolue.

It is beſt bathing. 2. or 3. daies after the change, and at the full of the Moone. for then the ſuperfluities are ripe and ready to auoyd and diſpoſed to flow and iſſue out, which is indeed the end and vſe of Bathing.

If any will enter into the bath only for cleanneſſe ſake let the moone be in ♎ or ♒.

Furthermore if Bathing bee vſed for health, let the party grieued learne of the wiſe Philition, whether his

his ſickneſſe hath need of moyſtening, or drying, for if it doth require moyſtening, as in Phthiſis, and ſuch like, then let him bath in watrie ſignes, hauing good aſpects of Iupiter or Venus: But if the ſickneſſe require drying as in Paralyſis and the like, then let him bath the moone being in fiery ſignes, hauing good aſpects of Mars and the Sunne.

Alſo before you enter into any Bath, your body muſt be firſt purged, for if you goe in vnprepared & vnpurged, peraduenture you may be worſe then before.

The beſt time of the yeare to Bath in, is the Spring and Haruest, and in the moneth of May and September. The beſt time of the day to goe into the Bath, is one houre after the Sun riſing at the leaſt, alwaies prouided, that you muſt walke either an houre or halfe an houre before, and haue a ſtoole either by nature or art: you muſt couer your head well, ſo long as you be in the Bath, and beware you drinke not cold drinke although you be very thirſty, but forbeare all things that be cold, leaſt when you are hot within, cold ſtrike ſuddenly into ſome principall member and ſo hurt you.

The time of tarying in the Bath, is commonly one houre, but it may be more or leſſe, according to the nature of the Bath, or ſickneſſe of the party, at the diſcretion of the wiſe Phiſition.

For Purging.

In purging theſe 5. things ought to be known

1. The humour which aboundeth.
2. The beſt way to auoyd it.
3. The ſtrength of the perſon.
4. The manner of the ſickneſſe.
5. The force and nature of the medicine.

For when theſe things are not conſidered and obſerued, many perilous accidents may follow, and greatly hurt and grieue the body.

Good signes for purging generally, are Cancer, Scorpio, and Pisces.

Particularly, as with potions or drinkes, the moone being in Scorpio.

Purge with Electuaries, the Moone being in Cancer.

Purge with Pilles, the Moone being in Pisces.

Take Preparatiues, the Moone being in Gemini, Libra, or Aquarius.

Take vomits, the moone being in Aries, Taurus, or Capricornus.

Take Gargarises, the moone in Aries, Cancer, or Capricornus.

Take Glysters, the moone being in Libra, or Scopio.

To prouoke neesings, the moone being in Cancer, Leo or Libra.

To stop Fluxes, Rhumes, and Laxes, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Attractiue, the moone in Aries, Leo, or Sagitarius.

Good to comfort the vertue Digestiue, the Moone being in Gemini, Libra, or Aquarius.

Good to Comfort the vertue Retentiue, the moone being in Taurus, Virgo, or Capricornus.

Good to comfort the vertue Expulsiue, the Moone being in Cancer, Scorpio, or Pisces.

For vsing of vnguents or plaisters, it is best to bee applyed, when the moone is in that signe which gouerneth the same member or part of the body, to which it is applyable.

For Sweatings.

Sweatings as they are of two sorts, that is to say naturall, and artificiall, so they are vsed for two ends and purposes: The naturall Sweat, if good heede be

taken

taken in opening of the Pozes, will diſſolue groſſe and thicke humors, will cleanſe the blood, will comfort the Spirits, will put away cold, will conſume raw humors, qualifie and quench raging feauers, will helpe numneſſe, and the dropſie.

The artificiall Sweat, will cleanſe ſcabs, put away itch, amend duineſſe in the hearing, eaſe the ſtone, reſolue concealed and cold melancholy blood and humors.

But for the better performing, and effectuall working in theſe cauſes, the counſell of the learned Phiſitian is to be deſired and vſed.

The beſt and meeteſt ſignes to ſweat in, are Leo, Aries, and Sagitarius, and that twoo or three dayes after the change, and at the full of the Moone.

And note that ſweating, is better to bee done in the euening, then in the morning, for when the body hath nouriſhment within, the ſpirits ſhall not bee drawne vtterly forth, to the extreame parts.

Note further, that leane folkes, and dry or feeble perſons muſt ſweate little, for it will hurt them much, but fat folkes may ſweate well, and it will doe them much good.

A Briefe Deſcription of the Foure Quarters of this yeare of our Lord God. 1631.

Of Winter.

VVInter, (which is the chiefeſt Capitall foe for the Spring, the diſgrace of Summer, and the deepe deuourer of the fruitfull Harueſt,) began to take his effects according to our vſuall computation, the 12. day of December in the yeare aforegoing, at the firſt entrance of the ſun into the firſt minute of the ſigne Capricorne, at which time the Sun ſhall be at his greateſt South declination from the Equinoctiall line, ſo that

that he riseth South-east, and setteth South-west. Now is the Hiemall or winter solstice, for the sun is so farre remoued from our Zenith or verticall point, that he cannot decline any further, & stands at a stop or stay and then is the shortest day & longest night in the yeere, and this quarter doth continue vntill the 11. of March next following.

This season is by nature cold and moyst, vnpleasant for the most part to trauellers, either by Land or sea, and vnto aged persons, it is very combrous & noysome, causing superfluity of rawnesse, and abundance of cold moystnesse to ouerflow their bodyes, to their great troubles and disquietnesse.

The diseases incident to this Quarter, are Agues, Gouts, Poses, hoarsenesse, Catharres, Dropsies, the stone and straungurie, Palsies, Consumptions, and all cold diseases that comes by want of bloud, are answerable to the condition of this season.

Thus will the starres if God assent,
Whose power alone, can all preuent.

Of the Spring.

The Sun (which is the eye of the world, the fountayne of light, and the chiefe moderator of all the rest of the lights) hath like a Gyant run his race, & finished his reuolution, (Gradatim) throughout the 12. signes, and now beginneth his iourney afresh againe, & goeth an euen course, and so becomes an indifferent Arbiter betweene the night and the day, and maketh an equality throughout his whole gouernment, to the great ioy & comfort of all his reuiued subiects, chearing with his splendant countenance, the poore afflicted weather-worne weeds of this our dark star of mortality, (which the darkned countenance of winters extremity had almost subdude,) with his excellent presence, wherat the earth

earth begins to smile, and to put on her new apparrell, the flourishing liuery of fresh Flora.

This season is by nature hot & moyst, the most temperate time of all the yeare, & the least breeder of sicknesse that doth procure death, and a very conuenient time, for the remouing of sicknesses and griefes gotten before, and also to auoyd and preuent those that are to come: for now the dull sences & spirits of man & other creatures are quickned and reuiued, and therefore the humors which doe abound, and are readiest to represse nature are fit to be emptied and auoyded, whether by blood-letting, purging, or otherwise as the learned Physitian shall aduise, and as the cause of the disease shall require, such therefore as be diseased, let them not neglect this time.

Sicknesses like to rage this quarter, are small poxes, measles, squinances, hot feuers, obstructions, iaundise, pluriſies, and such like as proceed of the corruption of bloud.

Infections from the starres may fall,
But one aboue doth stay them all.

Of Summer.

SUmmer the third part of our vulgar yeare, according to our vsuall computation, now when the Sun hath fully determined the Spring time, with his last grade of Gem: and hath mooued in his motion to the highest point of his course, namely to the first degree of Cancer, which shall be this yeere on the 12 of June. Now is the second Solstice of the yeare, called the estiuall or Summer solstice, for euen as the Sunne when hee entreth into ♈. hath his greatest South declination from the equinoctiall line: so now at his ingresse into the beginning of Cancer, he hath his greatest declination towards the North from the sayd equinoctiall line, and

euen

euen then as at the tyme of the winter Solstice he was so farre remoued from our verticall poynt that he could not moue no further towards the South, & was therefore to approach againe towards our North Lattude, at which hee seemeth to stand: So now being come so neere our Zenith, that he cannot moue no further towards the North, and is therefore to reuert againe towards our South Latitude. At his first going from vs hee seemeth also to stand, insomuch that euen as before at his returne towards vs againe he made with vs the shortest day and longest night in the yeere: So now at his returne from vs, hee maketh with vs contrariwise, the longest day & shortest night in the yeere: And afterwards declineth more and more from vs, as before he moued towards vs.

This season according to his proper nature is hot and dry, turning the humors of mens bodies, from coldnesse and moysture, into hotnesse and drinesse, resembling the Element of fire, & complexion of Choller, bringing all fruits to their ripenesse, cattle to their fatnesse, and men to their wealth.

The sicknesses like to preuaile in mens bodies this Summer quarter, are burning Feauers, Phrensies, hot inflamations, and such other distemperatures.

Though Sarres incline to worke vs ill,
All shall bee as the maker will.

Of Autumne.

AUtumne, according to our accustomed computation the last quarter of this yeare, beginneth at the Sonnes departure from the last scruple of Virgo, into the first degree of the second equinoctiall signe Libra, the which will be this yeare on the 14. of September, the day and night being of an equall length, as in the spring: At which time is the Autumnall Equinoctiall

wtiall, for euen as at the Sunnes entrance into Aries, the day by increasing from the winter Solstice till then, came to bee equall with the night, going on still more and more till the Summer Solstice, when was the longest day and shortest night. So now the night by increasing from the Estiuall Solstice, to this the Sunnes ingredience into Libra, hath got to be equall with the day, and shall increase more and more till the brumall Solstice come againe, when the night is longest and the day shortest. This time of the yeare, is of it selfe vnconstant and variable, warme in the day time and cold in the night. This quarter because of the inequality of temperature, may as Hippocrates saith, bee called the mother or nurse of deadly sicknesses. And Gallen saith, that this time of the yeare is very dangerous for taking of sicknesses.

The infirmities subiect to this quarter, are obstructions, quartaine Agues, Hemrods, Dropsies, Vertigo, falling sicknesse, with other melancholly diseases, which the Lord deliuer vs from, Amen.

Thus euery planet in his kinde,
Is to performe the Almighties minde.

A Declaration of the inclination and disposition of the wiuds and weather, according to the diuers *motions and influences of the erraticall and* fixed starres: with the day, houre, and minute of the change of the Moone, her full and quarters: and also of the rising and *setting of the Sunne, in euery Seauenth day of euery Moneth of this present yeare of our Lord God.* 1631.

Of

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 8 and 3 minuts	houres 3 and 57 minuts.
7	houres 7 and 56 minuts	houres 4 and 4 minutes.
14	houres 7 and 46 minuts	houres 4 and 14 minutes.
21	houres 7 and 34 minuts	houres 4 and 26 minutes.
28	houres 7 and 23 minuts	houres 4 and 37 minutes.

Full Moone the 8 day 16 min: after 4 of the clocke in the morning, disposed to ome stormes.

Last quarter the 14 day 43 min: after 10 of the clocke at night, wind and cold.

New Moone the 22 day 35 min: after 5 in the morning, stormie weather.

First quarter the 30 day 17 min: after 8 in the morning, winterly weather.

Ianuaries Abstract.

IN this moneth, let not blood, neither vse but little phisicke, except great necessity constraines thee, and beware of taking cold, for in this moneth Rhumes and flegme do much increase: to fast long is hurtfull, but to drinke white wine fasting is good and holesome, vse meates that are naturally hot moderately, and weare warme cloathes.

In worldly busines, this moneth you may set all kind of common fruit trees, or plants, as Peares, Plum, Cherrie, Filberd, Walnut, and such like, hawthorne, and all sorts of quicksets, trees or plants, are fittest to bee generally set from the change to the first quarter.

Take away mosse & superfluous branches from your trees, and this moneth is good to set Beanes, Peale, Parsnips, Radish, Leekes, Garlike, Turnops, & Onions, if the weather be mild & the moone past her full, you may begin to graft at the end of this moneth so as the moone being increasing in her light good husband, also this moneth, crop their trees, fell tymber, and geld cattle, such as may be gelded, the state of the moone alwaies considered.

Of

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 7 and 13 minutes	houres 4 and 47 minutes.
7	houres 7 and 4 minutes	houres 4 and 56 minutes.
14	houres 6 and 50 minutes	houres 5 and 10 minutes.
21	houres 6 and 34 minutes	houres 5 and 26 minutes:
28	houres 6 and 22 minutes	houres 5 and 38 minutes.

Full moone the 6 day 14. min: after 4 of the clocke in the afternoone, apt for the season.

Last quarter the 13 day 14 min: after 7 in the morning, temperate.

New moone the 20 day 39 min: after 10 at night inclined to moysture. Februaries Abstract.

In this moneth all flimie fish, milke, and rice, and such like, that doe oppilate or stop the liuer vaines, or thicken the blood, are to be esteemed as enemies to health, also yet forbeare phisicke and letting of blood, except great necessity doe vrge, and learned counsell doe aduise you, beware of taking cold, for now Agues are apt to be taken, & it is very ill to take heates, and afterwards suddaine cold vpon them.

Now is the most apt time to graft, plant, and to set all kind of trees and bushes, the winde and weather & the age of the moone aforehand considered: peafe, beanes, hastings, onions, parsnips, and such like as in Ianuary may very fitly be set, in the wane of the moone. The time is now to trym vp Gardens, to set & sow all kinde of kitching hearbes, to set slips, sow kernells, mustard-seede, oates, set hops, vines, cut and proyne them, sticke vp your rounciuall peafe, and hastings.

Of March.

Day.	The sunne riseth.	The sunne setteth.
1	houres 6 and 20 minutes	houres 5 and 40 minutes.
7	houres 6 and 8 minutes	houres 5 and 52 minutes.
14	houres 5 and 54 minutes	houres 6 and 6 minutes.
21	houres 5 and 40 minutes	houres 6 and 20 minutes.
28	houres 5 and 16 minutes	houres 6 and 34 minutes.

First

First quarter the first day, 34 min: after 2 in the morning, somewhat vnconstant.

Full moone the 8 day 8 min: after 2 in the morning, fitting the season.

Last quarter the 14 day 39 min: after 5 in the afternoone, reasonable temperate.

New moone the 22. day 10 min: after 4 in the afternoone, some fall of moysture.

First quarter the 30 day 27 min: after 5 in the afternoone, inclined to raine.

Marches Abstract.

In this moneth the humours of mans body doe begin to increase: and now grosse feeding breedeth grosse blood and grosse humours, and therefore vse meates of good digestion, and such as breede good iuyce: it is a good time to purge and clarifie the blood by potions, Bathings and bloodletting or such other waies as the learned Phisitian shall appoynt, and as the cause of the disease shall require, now also sweete meates and drinkes are comfortable.

The tyme of grafting as yet endureth, together with setting, sowing, proyning, and plashing of vines, hops, willow, oates, field pease, onions, parsnips, and such like.

Of April.

Day.	The Sunne riseth.	The Sunne setteth.
1	houres 5 and 18 minutes	houres 6 and 42 minutes.
7	houres 5 and 6 minutes	houres 6 and 54 minutes.
14	houres 4 and 54 minutes	houres 7 and 6 minutes.
21	houres 4 and 39 minutes	houres 7 and 21 minutes.
28	houres 4 and 29 minutes	houres 7 and 31 minutes.

Full moone the 6 day 44 min: after 10 in the forenoone, somewhat windy.

Last quarter the 13 day 8 min: after 6 in the morning, stormy and vncertaine.

New

New moone the 21 day 56 min: after 3 in the morning, windy and cloudy.

First quarter the 30 day 32 min: after 4 in the morning, subiect to winde.

April Abstract.

In this moneth of Aprill, the poores of mans body are opened, and apt to receiue physicke: and they that refuse the same, I commit them to the benefitt of nature for of all tymes of the yeare, this is the best time to preuent causes of sicknesses, or for speedy remedie in extreamities, for now nature doth renew strength through all the body: So where sicknesse happeneth, shee soone vnburdeneth by the meanes of Physicke: wherefore what it cannot doe now, it will hardly bee done heereafter, therefore take tymie now whilst time is, &c.

As yet you may graft and proine vines, and also set Melons, Cowcumbers, Citrons, Artichokes, and pole vp hopps, sow Barly, Tanners apply themselues to barking of Trees, &c.

Of May.

Day	The Sun riseth.	The Sun setteth.
1	houres 4 and 23 min:	houres 7 and 37 minuts
7	houres 4 and 15 min:	houres 7 and 45 minuts.
14	houres 4 and 5 min:	houres 7 and 55 minuts.
21	houres 5 and 56 min:	houres 8 and 4 minuts.
28	houres 5 and 50 min:	houres 8 and 10 minuts.

Full Moone the 5 day 46 min: after 6 of the clocke at night, some showers.

Last quarter the 12 day 36 min: after 8 at night, fayre weather.

New Moone the 21 day 52 min: before 1 in the morning, apt for the time.

First quarter the 28 day 9 min: after high noone, ouercasting clouds.

Mayes Abstract.

In this moneth rise early, for May doth not loue any sluggards, and let such as be in health and able, walke into the field, and to eate and drinke betimes is good and wholsome, abstayne from all meates that be of a hot nature, and such as bee sicke, it is very good time of the yeare to be let blood or take physicke. Such as be whole, God keepe them in health, and such as be sicke, God send them good Physitions and physicke.

The tyme is now fitting to sow Wazill, marierom, and such fine seedes, as before might not be sowne, because of the coldnesse of the weather, set Sage according to the prouerbe, set Sage in May, and it will last alway, sow flaxe and hempe, set hartichakes, weede your Hoppes and Gardens, see to your grafts that no superfluous branches trouble them: May dew, Rosemary flowers, and Beane flowers, may at your pleasure be distilled this moneth, and now also haue a care of watching your Bees.

Of Iune.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 3 and 49 minuts	houres 8 and 11 minuts
7	houres 3 and 46 minuts	houres 8 and 14 minuts
14	houres 3 and 47 minuts	houres 8 and 13 minuts
21	houres 3 and 49 minuts	houres 8 and 11 minuts
28	houres 3 and 52 minuts	houres 8 and 8 minuts

Full moone the 4 day about 3 of the clocke in the morning, faire weather.

Last quarter the 11 day 30 after high noone, some heate drops.

New Moone the 19 day 26 minutes after 1 of the clock in the afternoone, inclined to rayne.

First quarter the 26 day 14 min: after 7 of the clocke at night, somewhat windy.

Iunes

Iunes Abſtract.

In this Moneth, if thou muſt nedes vſe Phyſicke, take it in the morning early, that it may haue wrought before the heate of the day, and vſe a light and thin diet, for the ſtomocke is not ſo able to digeſt as in winter, or ſome other of the former moneths, it is very good and conuenient for ſome to drinke clarified whay boyled with cold hearbs, & to abſtayne from violent exerciſe. Diſtilling of Roſes, making of Sirrops, and Conſerues are now in prime, now gather ſuch hearbs as you meane to keepe all the yeare, but bee ſure you dry them in the ſhade, good husbands and huswiues are now weeding their Corne and Gardens, and other ſhearing their ſheepe, the time ſerues to ſet Roſemary, and Gilliflowers, take heede of cutting either hedge, or trees, or hearbs, with knife, but rather gather them with your fingers, now you may ſet Saffron, carry out Compoſt, make Hay, rid Gardens of Snailes, Ants, or Piſmiers.

Of Iuly.

Day	The Sunne riſeth.	The Sunne ſetteth.
1	houres 3 and 54 minu.	houres 8 and 6 minuts.
7	houres 3 and 59 minu.	houres 8 and 1 minuts.
14	houres 4 and 7 minu.	houres 7 and 53 mnts.
21	houres 4 and 20 minu.	houres 7 and 40 minuts.
28	houres 4 and 30 minu.	houres 7 and 30 minuts.

Full moone the 3 day 53 min: after 11 of the clocke in the forenoone, pleaſant weather.

Laſt quarter the 11 day 37 min: after 5 of the clocke in the morning, inclined to windy.

New moone the 19 day 6 minutes before 1 of the clocke in the morning, ſoultry hot.

Firſt quarter the 25 day 34 min: after 9 of the clocke at night, inclined to ouercaſting clouds.

Iulies Abstract.

In this Moneth vse cold hearbs, and cold meates, abstayne from physicke, and now the Riuers are more wholsome then the Bathes, let the Sun be vp before you walke abroad. In the time of any plague or Pestilence keepe your Chamber windowe shut, opening it when the Sun hath force of shining, and bee sure to perfume your Chambers euery euening with Tarre put on a Chasindish of coales, then which nothing is better, and let them vse Cadus Benedictus boyled and drunke fasting. Hay harueſt, now calleth slacke husbands to worke, and such as haue leasure, it is good to follow for wheate, and to carry out soyle, and to gather seedes and flowers to keepe all the yeare, and to dry them in the shade till they be almost dry, and then set them a while in the Sun, and in like manner may you vse your hearbs.

Of August.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 4 and 36 minuts	houres 7 and 24 minuts
7	houres 4 and 48 minuts	houres 7 and 12 minuts
14	houres 5 and 0 minuts	houres 7 and 0 minuts
21	houres 5 and 16 minuts	houres 6 and 44 minuts
28	houres 5 and 27 minuts	houres 6 and 33 minuts

Full Moone the 1 day 22 min: after 10 at night, fayre and pleasant.

Last quarter the 9 day 3 min: after 11 at night ouercasting clouds.

New Moone the 17 day 5 min: after 11 in the forenoone.

First quarter the 24 day 50 minutes after 2 in the morning, reasonable temperate.

Full moone the 31 day 43 min: after high noone apt for rayne showers.

August

Auguſts Abſtract.

In Auguſt moderate dyet is good Phyſicke, for now it is very dangerous to ſurfitt, and to take heede of heates and of colds, for nothing ſooner ingendereth Pluriſies. And vſe not to ſleepe much, and eſpecially afternoone, for making oppilations, and for avoyding of Agues, and the headach, and catharres. And let a man now abſtayne from Phyſicke, except great neceſſitie doe compell. Now Lady Ceres looketh to haue men enough to attend her. They that would haue good ſeeds for their Gardens the next yeare, muſt now gather of their owne, leaſt in buying they looſe their money and labour. And ſuch as deſire to haue lettice or other hearbs for winter, may ſow ſeeds in the increaſe of the Moone. Of September.

Day	The Sunne riſeth.	The Sun ſetteth.
1	houres 5 and 34 minuts	houres 6 and 26 minuts
7	houres 5 and 46 minuts	houres 6 and 14 minuts
14	houres 6 and 2 minuts	houres 5 and 58 minuts
21	houres 6 and 14 minuts	houres 5 and 46 minuts
28	houres 6 and 28 minuts	houres 5 and 32 minuts

Laſt quarter the 8 day 18 minutes after 4 in the afternoone, ſome fall of moyſture.

New moone 15 day 20 min: after 8 of the clocke at night, ſomewhat cloudy.

Firſt quarter the 22 day 30 min: after 10 in the forenoone, indifferent weather.

Full moone the 30 day 38 min: after 4 in the morning, apt for the ſeaſon.

Septembers Abſtract.

In this Moneth, ſuch as haue neede may ſafely take Phyſicke, and alſo may Bath and Bleede in this Moneth, all things are in their proper nature & vertue, and ſuch fruits as are ripe and not incated, are good to eate for ſuch as haue good ſtomackes. The

time is good to make conserue of Barberies, & Quinces, winter hearbs must be now sowne, likewise is the time to set hartichoakes, rose trées, aple trées, peares, Wardens, strawburies, violets, gilliflowers, Apples are to be gathered at the full of the Moone: Sow parsenips, and in dry weather gather your Hopps, good Husbandry is sowing Rie and wheate, good huswifery is making of verjuyce, and plucking of hempe.

Of October.

Day	The Sunne riseth.	The Sunne setteth.
1	houres 6 and 34 minuts	houres 5 and 26 minuts
7	houres 6 and 46 minuts	houres 5 and 14 minuts
14	houres 7 and 0 minuts	houres 4 and 0 minuts
21	houres 7 and 15 minuts	houres 4 and 45 minuts
28	houres 7 and 26 minuts	houres 4 and 34 minuts

Last quarter the 8 day 24 min: after 8 in the morning, ouercasting clouds, some fall of raine.

New moone the 15 day 27 min: after 6 in the morning, ouercasting clouds.

First quarter the 21 day 2 min: after 10 at night, windy and cold.

Full Moone the 29 day 36 min: after 10 at night. Roomy and vnconstant.

Octobers Abstract.

In this moneth thou maiest take physick, & also bath if occasion serue, vse hot meates, and drinkes, and good wholesome wines to nourish good blood. And be ware of taking cold, because the quartane Ague will be apt to be taken, & such other dangerous diseases. Remoue young trées, as apples, peares, quinces, roses &c. Set peale, parsenips, &c. Good Husbands néede not be asked to sowing of wheate; set Nuts, Acornes, and Filberds, and to doing of such good husbandry.

Of

Day	The Sunne riſeth.	The Sunne ſetteth.
1	houres 7 and 33 minuts	houres 4 and 27 minuts
7	houres 7 and 42 minuts	houres 4 and 18 minuts
14	houres 7 and 52 minuts	houres 4 and 8 minuts
21	houres 8 and 3 minuts	houres 3 and 57 minuts
28	houres 8 and 9 minuts	houres 3 and 51 minuts

Laſt quarter the 6 day 42 min: after 10 at night, windy and ſtormy.

New Moone the 13 day 2 minuts after 3 in the afternoone, ſome fall of moyſture.

Firſt quarter the 20 day 16 minutes after 1 in the afternoone, ſubiect to ſnow or raine.

Full Moone the 28 day 22 min: after 5 at night: winterly weather.

Nouembers Abſtract.

In Nouember finiſh the phiſicke that ye meane to take, & ſo reſt till March, except ſome great neceſſity doe conſtrayne you, vſe good meates & wholeſome wine to nouriſh the blood, prouide thée warme cloathing, goe dry on thy feét, or elſe make ſure account of Rheume and poſe, beſidys ſome other inconuenience that will enſue. Be ware of the hot-houſe this moneth, and vſe Betony and Cinamon in drinke.

In the new of ☽ moon you may remoue young trées as the laſt moneth, and ſet crab-trée ſtockes to graft vpon when you pleaſe. It is a good time in the wane of the moone to ſet peaſe, beanes, and if the weather be not to hard, it is good ſowing of Parſenips, good making of mault, an killing of Beéues and ſwine.

Of December.

Day	The Sunne riſeth.	The Sunne ſetteth.
1	houres 8 and 12 minuts	houres 3 and 48 minuts
7	houres 8 and 14 minuts	houres 3 and 46 minuts
14	houres 8 and 15 minuts	houres 3 and 45 minuts
21	houres 8 and 12 minuts	houres 3 and 48 minuts
28	houres 8 and 7 minuts	houres 3 and 53 minuts

Last quarter the 6 day 40 min: after 10 in the fore-noone, sitting the season.

New moone the 13 day 54 min: after 1 in the morning, cloudy and cold.

First quarter the 20 day 50 min: after 7 in the morning, seasonable and temperate.

Full moone the 28 day 50 min: after high noone, some snow or raine.

Decembers Abstract.

In this Month of December, keep thy body and head from cold, and eate such meates as be of a hoat quality abstayne from Physicke, and let thy Kitchen bee thy Apothicary: warme cloathing thy nurse, merry company thy keepers: and good hospitality thy exercise.

Remoue trees and bushes as aforesaid in Novem. ber, if the weather proove not two extreame. In the wane of the Moone set Beanes, pease, & those hearbs that cannot indure the cold, couer them with straw or other provision from the frost and snow.

Soli sapienti Deo, sola gloria.

FINIS.